

SPRING CLASS TIME TABLE EFFECTIVE MARCH 28TH 2011

SPRING SCHEDULE

SPINNING & YOGA

MONDAY

TUESDAY

WEDNESDAY

FRIDAY

SATURDAY

CYCLING
6:15pm - 7:15pm
Nicole

CYCLING
6:00am - 7:00am
Louis

CYCLING
6:15pm - 7:15pm
Paul

CYCLING
6:00am - 7:00am
Louis

CYCLING
8:15am - 9:15am
Paul

If you wish to cancel a reserved class, please:

EVENING: cancel by 12pm same day

WEEKEND: cancel by 12pm previous day

Please note that failure to cancel on time will result in you being charged for the class.

HAVE A LARGE GROUP?

We offer group rates for spinning and yoga.

Please contact us to get more information!

SPINNING & YOGA LTD.
Browns

2447A Bloor St. West.
Toronto, Ontario. M6S 1P7
T: 416 • 763 • 4176
www.brownsports.com
browns.spinning.yoga@gmail.com